



Welcome to the Kitchen Garden!

We are a busy delicatessen and coffee shop situated in the heart of Oban, overlooking the stunning bay with the picturesque island of Kerrera, and the hills of Mull forming the backdrop. We are delighted to be involved with ALBA SAILING and look forward to welcoming you to our deli for your provisions.

We stock around 4000 products which we believe are the finest, the most interesting and the most unusual available. From cheese to cream liqueurs, we feel we have all you need to enhance your holiday experience.

For your basics, we can offer a choice of some 15 breads, from white bloomers to cherry tomato focaccias which can be supplied frozen, ready to be baked off each morning.

We can supply milk and Scottish butter to get you under way, plus a choice of tasty spreads, jams, preserves and marmalades as part of your hearty breakfast of free range eggs, bacon from Ramsay's, black pudding from Charlie Macleod (both Rick Stein food heroes) and the finest sausages from Macbeths, all complemented by tomato and brown sauce from the award winning Stokes range. We have a wide range of teas, coffees, cocoas and hot chocolates to accompany your meal.

To help fend off scurvy we can supply you with your initial order of fresh fruit and vegetables!

Towards lunch we can supply fresh bottled, made on the premises soups - (Please order in advance) We have approximately a hundred cheeses for you to peruse, including Mull's incredible, very mature cheddar and the finest brie. Choose from our broad selection of meats - smoked and otherwise - with hand made chutneys to enhance them.

Inverawe smokehouse, (holders of a Royal warrant) supply us with their fine range of smoked fish and Salar of South Uist send us their wonderful hot smoked Salmon - Both Rick Stein heroes.

For your evening meals, we offer ready to heat sauces, such as our Cajun Jambalaya, or our roast garlic and mascarpone pasta sauce. Just heat and pour over a vast range of multicoloured pastas. For those of you who wish to

challenge their culinary skills we have an extensive ingredient and seasoning range to choose from.

We can also provide ready-made, frozen meals, which are simply heat and serve. Choose from the following: Seafood or meat lasagne, warming vegetarian lentil dhal, coq-au-van, chicken or prawn curry, Scottish venison casserole, shepherds pie or beef bourguignon. We can provide these in trays for 1, 2, 4 or 6 people. These meals **MUST** be booked in advance.

For your relaxation and celebrations we have many traditional and New World wines to browse, plus a wide range of ports and sherries and for those who prefer the squatter bottled type of alcohol, we have a good selection of unusual Scottish beers. For those interested in whisky, we stock dozens of the favourites, plus a few more unusual brands, so we should have something to provide for your tippie. If you prefer the softer kind of drink we have French mandarin and lemon drinks, elderflower and ginger cordials and the basic still of sparkling water.

If you would like some snacks and treats for your trip, we have lap-snacks, nuts, crisps and chips, plus breadsticks and oatcakes a-plenty.

Should you wish to place an order with us, we suggest you start by browsing our website: **www.kitchengardenoban.co.uk**. You may then make up your order and give us a call on 01631 566332. We will ensure your order is delivered to your yacht on the date specified.

Should you prefer to call in and browse the shop, please do so, you will find many more product lines than advertised on the website, offering you a greater choice.

Whilst in town why not try our coffee shop / restaurant where a fine range of freshly prepared, mostly home made, tasty snacks await you?

We look forward to seeing you soon.

We know you will enjoy your Alba Sailing Holiday.

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